

Information on your forthcoming trip to the Philippines

- ↖ The local currency in the Philippine is the Pesos
- ↖ When you arrive in Manila, the first night will be spent in a hotel near Money-Changer road. Foreign currencies are accepted and the exchange rate is usually much better in the Philippines than in your country
- ↖ Travellers cheque are very difficult to change in the Philippines
- ↖ Credit cards are not accepted everywhere
- ↖ ATM machines can be found in town
- ↖ Cash against credit card is possible at the banks
- ↖ Your hotel accommodation is included in the trip. You will need money for your meals, souvenirs and donations/ payment to the Psychic Surgeon.
- ↖ Healer Jun Labo likes to have payment for the whole 10 days on day one. He currently charges €100 per treatment. Johan Paquito charges Php3,500 per treatment. See currency converter at <http://www.xe.com/ucc/>
- ↖ Hotels have safes where you can store your valuables
- ↖ Scheduled transport as per our web site, within the Philippines, is included. You will be responsible for the cost of any other trips you wish to make.
- ↖ The weather between November and mid-May is usually nice with very little rain. From June to the end of October, mornings and early afternoons are usually fine but rain sometimes starts about 4-5 p.m..
- ↖ **Buang** (destination on one of our trips) is warm all year round with temperatures usually between 25-30c. However, there often is a sea breeze and it rarely gets too hot. If you like swimming, Bauang is the place. The water temperature is around 26ish and it is truly wonderful. The hotel is situated right on the beach. You should bring summer clothes with you including shorts, T-shirts or light shirt, sandals etc.. for the day. Long trousers and a jumper (seldom used) may be useful for the evening. Sun hats are a must. Try to buy a Sun cream from the health food shop if you want to use one, they contain less harmful chemicals.
- ↖ The temperature in **Baguio** (destination on one of our trips and also to see your healer) is cooler and you will need jumpers to wear in the evening. A raincoat is also advisable.
- ↖ Mosquitoes may like you if you are as unfortunate as I am at sunset (too hot for them during the day). Allow for a special cream. The best buy will be from the health food shop that sells gels with Citronella. This will not damage your body and it provides reasonable protection.
- ↖ Please only bring 1 main suitcase and 1 piece of hand luggage. Check your allowed weight with the airline
- ↖ Warning: You are likely to come back with quite a few souvenirs. Do not fill your suitcase on the way out to allow for extra items on the return journey.
- ↖ The air conditioning in the plane can be quite cold. Allow a jumper in your hand baggage.
- ↖ You may like to bring a book to read for the plane journey.
- ↖ The electricity plugs in the Philippines are similar to those in the United States. You can buy converters at Heathrow airport if you wish. Current is 220-240 volts.

I am truly looking forward to welcoming you in the Philippines

Please do not hesitate to contact me should you have any query.

Patrick

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